

Best Practice: Women's Empowerment Initiatives

1. Introduction

Women's empowerment is the process of empowering women with authority, resources, and agency to make strategic life choices, liberating them from socio-economic reliance and gender-based discrimination. It promotes equality through education, economic independence, political participation, and legal rights, aiming to foster an inclusive society where women can control their own lives. Women's empowerment is essential for building an inclusive and progressive society. With this objective, the college organizes various programs, especially under the Mission Shakti campaign, to promote awareness, safety, and self-reliance among female students.

2. Objectives

To develop confidence and leadership skills among female students

To promote gender equality

To create awareness about women's rights and safety

To encourage self-reliance and independence

To create awareness about the importance of mental health.

3. Key Activities

(i) Awareness Programs

Many awareness initiatives were taken to make students aware of various social and personal issues faced by them, such as lectures on women's rights and legal provisions (POCSO Act, Domestic Violence Act).

Awareness sessions on safety, rights, and cybersecurity in collaboration with the Police Department.

Awareness about different helpline numbers, such as 1090, 102, 102, 1930 etc.

(ii) Self-Défense Training

Training sessions on self-defence techniques by a trainer.

Workshops conducted in collaboration with police departments.

(iii) Health & Hygiene Programs

Menstrual hygiene awareness sessions were conducted. Organization of health check-up camps in collaboration with the CHC. Tablets of Calcium and Iron Folic Acid were distributed among female students.

(v) Celebration of Important Days

Lectures, rallies, and competitions were conducted on International Women's Day and activities related to the Beti Bachao Beti Padhao campaign also organized. Awareness programmes were conducted to make students aware about various programs for women upliftment, run by Government of India and State Government.

(vi) Counselling & Support Services

Women Grievance Redressal Cell formed in college to solve problems of female students especially.

Anti-harassment awareness drives took place with the help of the department of Police. Personal support by the faculty members were also provided. Mental Health and Suicide Prevention awareness programs were organized for the students to deal with difficult situations of life. Importance of a good mental health were also discussed.

3. Outcomes

Increased confidence and awareness among female students

Creation of a safe and inclusive campus environment

Active participation of women in academic and co-curricular activities

Promotion of gender equality

5. Conclusion

The initiatives undertaken under the Mission Shakti campaign play a significant role in the holistic development of female students. These efforts not only empower women but also contribute to building a more equitable society.





मधुरा पीजी कॉलेज में मिशन राक्ति पर संगोष्ठी का आयोजन



रक्तदा (बलिदान)। मधुरा पीजी कॉलेज में बुधवार को मिशन राक्ति अभियान केज-2 के अंतर्गत महिला सुरक्षा, सम्मान और आत्मनिर्भरता विषय पर का संगोष्ठी आयोजन किया गया। कार्यक्रम का शुभारंभ प्राचार्य प्रो. रामजीय सिंह एवं मुख्य अतिथि प्रभारी निरीक्षक रणजय योगेश्वर सिंह ने मा सरस्वती के चित्र पर शालादान कर किया। इस अवसर पर उन्होंने महिला सुरक्षा की जुड़े विभिन्न कानूनी कृति जानकारी दी। कार्यक्रम की संयोजक डॉ. अश्विनी रावत ने अभियान की महत्ता और उद्देश्य पर प्रकाश डाला। महिला कानूनी न्यायाधीश एवं राजनियोजक प्रिया शर्मा ने महिला सुरक्षा संबंधी कानूनी प्रावधानों पर चर्चा की। चौकी प्रभारी अनिल सिंह, बचाव विधि विशेष, कैलाशी देवी, डॉ. सुनेता कुमार मिश्र, डॉ. मनीज घण्टेय, डॉ. शरद पवार और डॉ. सुनील कुमार ने भी अपने विचार रखे। कार्यक्रम में शिक्षक, कर्मचारी और बड़ी संख्या में छात्र-छात्राओं ने सहभागिता की।



Digital Initiatives and Best Practices

1. Objectives

To make academic and administrative processes more transparent, efficient, and accessible

To enhance communication between students, teachers, and administration through digital platforms

To promote a paperless and eco-friendly work culture

To support the vision of Digital India

2. Context

In the modern education system, the integration of technology has become essential. To ensure efficiency, transparency, and accessibility, the college has adopted various digital initiatives in both academic and administrative domains.

4. The Practice

The college has implemented the following digital initiatives:

Online Admission System

Students can fill out and submit admission forms from anywhere. The college provides a fully digital admission process, allowing students to apply, upload documents, and track their application status online, ensuring convenience and transparency.

Online Fee Payment System

Fees can be paid through digital modes such as UPI, net banking, etc. Students can pay fees through secure online payment gateways, reducing the need for physical visits and promoting a cashless system.

Online Scholarship Application

Filling out the application for a scholarship has been made easy by the online mode. Students can fill out and update the form easily themselves. The status of the application can be tracked easily

WhatsApp Channel and Social Media

For instant communication, the college uses WhatsApp channels and groups to share important notices, updates, academic schedules, and emergency information with students in real time. All-important notices, circulars, and announcements are shared digitally. Social media platforms such as Instagram, X, and YouTube channels have also been activated.

Google Classroom

For sharing study materials, assignments, and conducting quizzes, Google Classroom is being used.

Webinars

Webinars used to be conducted in the college on various themes as given by the state government, such as NEP-2020, Women Empowerment, and Cyber Security. Students and academicians from all over the country participating in those webinars.

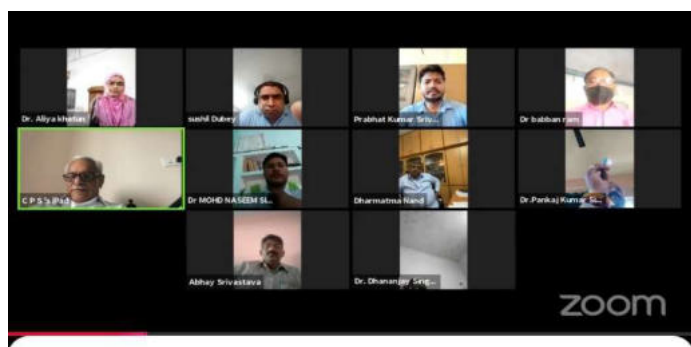
4. Evidence of Success

- Reduction in time and effort in admission and fee processes
- Increased student participation and engagement
- Improved communication and transparency
- Significant reduction in paper usage (eco-friendly approach)
- Continuity of learning during disruptions like COVID-19

5. Problems Encountered

- Limited digital literacy among some students
- Internet connectivity issues
- Initial need for training of staff and students

The institution has effectively adopted digital platforms to enhance transparency, efficiency, and accessibility in administrative and academic processes. These digital initiatives help make the institution more student-friendly, transparent, and technologically advanced.



Mathura P.G. College's Personal Meeting...



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Regular/Back/Improvement

| Date /Day | Subject | Paper Name | First Shift |
|-------------------------|--|---|-------------|
| 11/04/2024 Saturday | English | English Poetry | |
| 12/04/2024 Monday | Indian History, Anthropology & Culture | Political History of India (600 BC-647 AD) | |
| 15/04/2024 Wednesday | Microbiology | Molecular Biology and Genetic Engineering | |
| 16/04/2024 Thursday | B.Com (Paper I) | Basic Research Methodology and Statistics | |
| 17/04/2024 Friday | Geography | Business Management | |
| 18/04/2024 Saturday | Mid & Mini Project | Human Geography | |
| 19/04/2024 Sunday | Physics | History of Madhesat India (1206 A.D.-1797 A.D.) | |
| 21/04/2024 Tuesday | Chemistry | Thermal Physics & Semiconductor Devices | |
| 22/04/2024 Wednesday | B.Com (Paper II) | Linux | |
| 23/04/2024 Thursday | Statistics | LIBRE/ ZARAN/ ADR/ COMPUTER | |
| 24/04/2024 Friday | Sociology | संस्कृत में अर्थशास्त्र, अर्थशास्त्र में अर्थशास्त्र | |
| 25/04/2024 Saturday | Social Work | Society in India Structure Organization & Change | |
| 26/04/2024 Sunday | Economics | International Accounting | |
| 27/04/2024 Monday | B.Com (Paper III) | Social Science concepts and Social Problems | |
| 28/04/2024 Tuesday | Physical Education | Principles of Macro Economics | |
| 29/04/2024 Wednesday | Music | Knowledge of E-Commerce B.A.C.E. (Optional) | |
| 30/04/2024 Thursday | Visual/Tabular | Business Economics B.A.C.E. (Optional) | |
| 01/05/2024 Friday | Journalism | Anthropometry & Post Anthropometry | |
| 02/05/2024 Saturday | Philosophy | SPOTS ORGANISATION | |
| 03/05/2024 Sunday | Mathematics | Theoretical and Analytical study of Rages, Yajur & Historical study of Indian Classical Music/ Principles of Text History of Sanskrit | |
| 04/05/2024 Monday | Home Science | संस्कृत में अर्थशास्त्र, अर्थशास्त्र में अर्थशास्त्र | |
| 05/05/2024 Tuesday | Zoology | Reporting and Editing | |
| 06/05/2024 Wednesday | | Women Philosophy | |
| 07/05/2024 Thursday | | Matrix and Differential Equations & Geometry | |
| 08/05/2024 Friday | | Introduction to Clothing and Textile & Family Resource Management | |
| 09/05/2024 Saturday | | Biochemistry and Physiology | |

— 2024-25 Regular/Back/Improvement —
Address: Sahasr Sankar, Near Surta Taxi, Dist-Ballia, U.P. Pin Code-217001
Website- www.jncu.ac.in/-mail - jncuballia@gmail.com

B.A. II semester exam time table
Edited 7:28 PM ✓

जननायक चन्द्रशेखर विश्वविद्यालय, बलिया
Jananayak Chandrashekhar University, Ballia

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|-------------------------|-----------------------------|-----------------------------|
| 11/05/2024 Monday | Defence & Strategic Studies | Military History of India |
| 12/05/2024 Tuesday | Political Science | Political Theory & Concepts |
| 13/05/2024 Wednesday | Computer Science | Computer Science Systems |
| 14/05/2024 Thursday | Hindi | संस्कृत में अर्थशास्त्र |



Google Classroom - Ap...



प्राचार्य का विद्यार्थियों को संदेश

@MATHURAPGCOLLEGERASRABALLIA 181 views 1 ...more

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